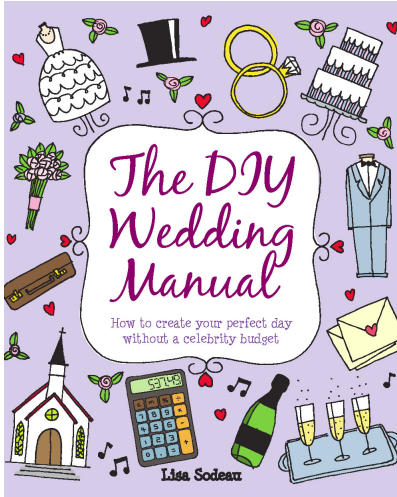


For immediate release

Enjoy a dream wedding without a nightmare debt



Lisa Sodeau's new book, **The DIY Wedding Manual**, comes riding to the rescue of all those strapped-for-cash fiancées who want the wedding of their dreams without any nightmares about debts.

Based originally on her experience of planning and organising her own wedding, Lisa guides the would-be bride through every aspect of getting ready for the big day - and on cutting costs by doing most things yourself.

For instance, she shows you easy ways to make your own invitations, place names and decorations;

how to do your own hair and makeup; and the many recipes you can use to bake your own cake.

Chapters focus on all the detail required, from stationery to choosing a venue, arranging transport and preparing food and drink, and she dedicates a whole section to getting married abroad. Having had her own wedding in Italy, Lisa is more than qualified to guide you through the pros and cons of this even more complicated process. Commenting on her reasons for writing the book, Lisa said, *"I know now that as soon as you pre-fix the words flowers, photos, food and drink with the word `wedding` the price can more than double. But as a bride to be I, like many others, found out after it was too late. I really wished I'd had a book like this, full of all the tips I have since given and been given - based on firsthand experience - before I started planning my big day."*

Full of helpful checklists and with tips from real brides scattered through the pages, this book aims to take the stress and the cost out of your wedding day.

The DIY Wedding Manual is published by **How To Books Ltd**

www.howtobooks.co.uk. and is available at \$20.00 in major bookshops and online retailers across the country. ISBN 978-1- 84528-405-3

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